



CIGNA

A Business of Caring.



CIGNA Choice FundSM Medical Cost Worksheet

Preventive Care Services

	# of episodes for you and all covered dependents	Average charge per episode*	Total estimated cost
Annual exam – OB		\$106	
Preventive medicine (under age 18)		94	
Preventive medicine (ages 18-39)		105	
Preventive medicine (over age 39)		116	
Mammogram		100	
Pap smear		36	
Preventive Care Services Subtotal			

Note: If your Summary of Benefits indicates that preventive care services are covered in full, then you do not need to estimate these expenses. You can enter \$0 in the estimated amount for Preventive Care Services on the Benefits Calculator. If preventive care services are not covered in full, then you need to add preventive services to your calculation.

Other Health Services

	# of episodes for you and all covered dependents	Average charge per episode*	Total estimated cost
Allergy shots		\$27	
Chest X-Ray		44	
Cholesterol test		18	
Electrocardiogram – routine		40	
Electrocardiogram – stress test		190	
Glucose test		7	
Office visit – new patient		99	
Office visit – existing patient		58	
Ultrasound – pregnancy		161	
Ultrasound – other		120	
Urinalysis		5	
Vaccine – hepatitis		35	
Vaccine – other (excluding childhood immunizations)		11	
Venipuncture (drawing blood)		6	
Other Health Services Subtotal			

* Costs are based on CIGNA HealthCare rates, including applicable coinsurance amounts and not physician charges. Your actual charges may be higher or lower depending on the provider chosen.

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Health Conditions

	# of episodes for you and all covered dependents	Average charge per episode**	Total estimated cost
Acute (Temporary) Illness:			
Bronchitis		\$175	
Hemorrhoids – simple		544	
Kidney stone		3,920	
Migraine headache – common		637	
Pregnancy – normal delivery without C-section***		5,018	
Pregnancy – normal delivery with C-section***		7,902	
Tonsillitis, adenoiditis or pharyngitis without surgery		102	
Recurrent Illness:			
Alcohol dependence without complication		\$3,390	
Allergic rhinitis		282	
Bursitis and tendonitis without surgery		339	
Carpal tunnel syndrome without surgery		424	
Depression – minor		1,647	
Gastritis/Esophagitis		806	
Irritable bowel syndrome		399	
Ulcer – simple		2,349	
Chronic Illness:			
Asthma		\$627	
Diabetes – Type II		1,335	
Hypertension – without other diagnoses		646	
Health Conditions Subtotal			

** The average episode charge is based on CIGNA HealthCare rates and not physician charges for the above conditions and includes pharmacy costs associated with the condition for one episode. Your actual charges may be higher or lower depending on the provider chosen.

*** Normal pregnancy and C-section costs are based on CIGNA HealthCare rates and not physician charges. Your actual charges may be higher or lower depending on the provider chosen.



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